

Résultats – CL BR LD

2024-03-24

| H10 | | (4 / 4) | Temps | Après | Temps perdu | | |
|-----|------------------|-----------------|-----------------|----------------|-------------|----------------|----------------|
| 1. | Sabin MOTTET | CRCO | 34:31 | | 02:45 | | |
| | 4:23 (4:23) | 2:59 (7:22) | 4:18 (11:40) | 4:52 (16:32) | | 4:12 (20:44) | 7:39 (28:23) |
| | 2:23 (30:46) | 1:02 (31:48) | 2:04 (33:52) | 0:39 (34:31) | | | |
| 2. | Lucien GAUDIN | COPV | 40:30 | +5:59 | 06:20 | | |
| | 4:24 (4:24) | 3:33 (7:57) | 5:23 (13:20) | 3:35 (16:55) | | 4:31 (21:26) | 9:33 (30:59) |
| | 5:48 (36:47) | 0:56 (37:43) | 2:13 (39:56) | 0:34 (40:30) | | | |
| 3. | Lucas THURIOT | CRCO | 49:09 | +14:38 | 17:16 | | |
| | 19:53 (19:53) | 2:17 (22:10) | 6:18 (28:28) | 5:06 (33:34) | | 2:54 (36:28) | 7:12 (43:40) |
| | 1:57 (45:37) | 0:56 (46:33) | 2:04 (48:37) | 0:32 (49:09) | | | |
| | Marin BAILLET | Quimper 29 | PM | | | | |
| | 8:07 (8:07) | 6:41 (14:48) | 9:39 (24:27) | 5:08 (29:35) | | 6:28 (36:03) | – (–) |
| | – (–) | – (48:57) | 5:08 (54:05) | 1:30 (55:35) | | | |
| H14 | | (2 / 2) | Temps | Après | Temps perdu | | |
| 1. | Titouan FOUCAULT | CRCO | 44:52 | | 03:14 | | |
| | 3:34 (3:34) | 1:56 (5:30) | 4:41 (10:11) | 2:02 (12:13) | | 2:50 (15:03) | 3:32 (18:35) |
| | 3:25 (22:00) | 4:25 (26:25) | 5:38 (32:03) | 1:57 (34:00) | | 3:57 (37:57) | 1:51 (39:48) |
| | 2:19 (42:07) | 2:19 (44:26) | 0:26 (44:52) | | | | |
| 2. | Mathys PETITJEAN | Quimper 29 | 1:04:13 | +19:21 | 19:57 | | |
| | 2:24 (2:24) | 10:28 (12:52) | 4:28 (17:20) | 1:33 (18:53) | | 3:23 (22:16) | 4:01 (26:17) |
| | 13:18 (39:35) | 3:14 (42:49) | 5:55 (48:44) | 2:01 (50:45) | | 4:20 (55:05) | 1:17 (56:22) |
| | 4:12 (1:00:34) | 3:08 (1:03:42) | 0:31 (1:04:13) | | | | |
| H16 | | (4 / 4) | Temps | Après | Temps perdu | | |
| 1. | Samuel ANDRAUD | SAINT-BRIEUC OR | 55:00 | | 03:16 | | |
| | 3:51 (3:51) | 1:57 (5:48) | 4:04 (9:52) | 0:37 (10:29) | | 1:56 (12:25) | 5:58 (18:23) |
| | 3:09 (21:32) | 1:38 (23:10) | 1:00 (24:10) | 11:36 (35:46) | | 5:20 (41:06) | 2:33 (43:39) |
| | 2:32 (46:11) | 3:21 (49:32) | 3:15 (52:47) | 1:52 (54:39) | | 0:21 (55:00) | |
| 2. | Léo DEZORME | Quimper 29 | 59:30 | +4:30 | 05:29 | | |
| | 2:45 (2:45) | 3:08 (5:53) | 5:57 (11:50) | 0:35 (12:25) | | 2:00 (14:25) | 5:02 (19:27) |
| | 4:09 (23:36) | 1:36 (25:12) | 1:09 (26:21) | 11:26 (37:47) | | 5:24 (43:11) | 2:30 (45:41) |
| | 2:34 (48:15) | 4:02 (52:17) | 3:54 (56:11) | 2:52 (59:03) | | 0:27 (59:30) | |
| 3. | Naori MENARD | NAO | 1:20:21 | +25:21 | 14:26 | | |
| | 4:16 (4:16) | 11:25 (15:41) | 6:00 (21:41) | 0:34 (22:15) | | 3:16 (25:31) | 6:00 (31:31) |
| | 5:43 (37:14) | 2:24 (39:38) | 0:46 (40:24) | 15:55 (56:19) | | 5:24 (1:01:43) | 2:03 (1:03:46) |
| | 3:00 (1:06:46) | 5:44 (1:12:30) | 4:41 (1:17:11) | 2:46 (1:19:57) | | 0:24 (1:20:21) | |
| 4. | Charlie COUPARD | CRCO | 1:29:21 | +34:21 | 22:35 | | |
| | 3:17 (3:17) | 13:45 (17:02) | 7:18 (24:20) | 0:41 (25:01) | | 3:16 (28:17) | 3:42 (31:59) |
| | 4:45 (36:44) | 3:03 (39:47) | 2:04 (41:51) | 14:03 (55:54) | | 7:57 (1:03:51) | 2:19 (1:06:10) |
| | 6:09 (1:12:19) | 5:28 (1:17:47) | 8:46 (1:26:33) | 2:22 (1:28:55) | | 0:26 (1:29:21) | |
| H18 | | (2 / 2) | Temps | Après | Temps perdu | | |
| 1. | Noé PECOURT | Quimper 29 | 59:28 | | 00:00 | | |
| | 2:38 (2:38) | 2:42 (5:20) | 2:26 (7:46) | 0:58 (8:44) | | 2:12 (10:56) | 2:29 (13:25) |
| | 1:57 (15:22) | 1:29 (16:51) | 3:14 (20:05) | 3:45 (23:50) | | 1:14 (25:04) | 4:42 (29:46) |
| | 3:14 (33:00) | 9:50 (42:50) | 1:29 (44:19) | 0:52 (45:11) | | 1:45 (46:56) | 3:38 (50:34) |
| | 1:50 (52:24) | 3:23 (55:47) | 1:09 (56:56) | 1:04 (58:00) | | 1:04 (59:04) | 0:24 (59:28) |
| | Robin MANIERSKI | Dinan CO | PM | | | | |
| | 15:02 (15:02) | 4:31 (19:33) | 15:21 (34:54) | 9:55 (44:49) | | 6:09 (50:58) | 5:05 (56:03) |
| | 3:41 (59:44) | 3:44 (1:03:28) | 11:06 (1:14:34) | – (–) | | – (–) | – (1:26:24) |
| | – (–) | – (–) | – (–) | – (–) | | – (–) | – (–) |
| | – (–) | – (1:54:01) | 2:17 (1:56:18) | 1:47 (1:58:05) | | 2:22 (2:00:27) | 0:27 (2:00:54) |
| H20 | | (1 / 1) | Temps | Après | Temps perdu | | |
| | Jildaz BOTREL | Dinan CO | PM | | | | |
| | 5:10 (5:10) | 3:51 (9:01) | 3:52 (12:53) | 9:02 (21:55) | | 3:12 (25:07) | 5:05 (30:12) |
| | 9:41 (39:53) | 14:57 (54:50) | 2:31 (57:21) | 1:05 (58:26) | | 4:09 (1:02:35) | 7:09 (1:09:44) |
| | 1:21 (1:11:05) | – (–) | – (–) | – (–) | | – (–) | – (–) |
| | – (–) | – (–) | – (–) | – (–) | | – (–) | – (–) |
| | – (–) | – (1:38:40) | | | | | |
| H21 | | (11 / 11) | Temps | Après | Temps perdu | | |
| 1. | Mattéo PECOURT | Quimper 29 | 1:13:46 | | 04:58 | | |
| | 3:01 (3:01) | 2:16 (5:17) | 2:07 (7:24) | 5:20 (12:44) | | 1:47 (14:31) | 1:45 (16:16) |
| | 3:29 (19:45) | 6:38 (26:23) | 1:55 (28:18) | 0:44 (29:02) | | 2:23 (31:25) | 9:47 (41:12) |
| | 0:46 (41:58) | 4:57 (46:55) | 0:30 (47:25) | 2:29 (49:54) | | 3:49 (53:43) | 3:04 (56:47) |
| | 3:29 (1:00:16) | 4:32 (1:04:48) | 2:27 (1:07:15) | 0:56 (1:08:11) | | 1:09 (1:09:20) | 2:42 (1:12:02) |
| | 1:22 (1:13:24) | 0:22 (1:13:46) | | | | | |
| 2. | Aurelien SOSSON | Quimper 29 | 1:20:58 | +7:12 | 04:55 | | |
| | 3:35 (3:35) | 2:02 (5:37) | 1:47 (7:24) | 5:53 (13:17) | | 1:45 (15:02) | 1:48 (16:50) |
| | 3:33 (20:23) | 7:14 (27:37) | 1:40 (29:17) | 1:18 (30:35) | | 2:06 (32:41) | 5:19 (38:00) |
| | 2:05 (40:05) | 7:57 (48:02) | 0:31 (48:33) | 2:13 (50:46) | | 4:55 (55:41) | 2:22 (58:03) |
| | 4:15 (1:02:18) | 5:36 (1:07:54) | 3:10 (1:11:04) | 1:00 (1:12:04) | | 1:17 (1:13:21) | 5:29 (1:18:50) |
| | 1:31 (1:20:21) | 0:37 (1:20:58) | | | | | |

| | | | | | | | |
|-----------|-------------------------------|---------------------------|----------------|----------------|-----------------|-----------------|--|
| 3. | Élie PRADEILLES-RIVOAL | CO Lorient | 1:43:57 | +30:11 | 13:00 | | |
| | 4:19 (4:19) | 2:47 (7:06) | 2:48 (9:54) | 6:48 (16:42) | 3:28 (20:10) | 9:05 (29:15) | |
| | 4:32 (33:47) | 8:47 (42:34) | 3:21 (45:55) | 0:48 (46:43) | 3:04 (49:47) | 7:08 (56:55) | |
| | 1:01 (57:56) | 7:17 (1:05:13) | 0:46 (1:05:59) | 3:16 (1:09:15) | 5:48 (1:15:03) | 2:21 (1:17:24) | |
| | 5:47 (1:23:11) | 5:39 (1:28:50) | 4:51 (1:33:41) | 2:31 (1:36:12) | 1:31 (1:37:43) | 4:30 (1:42:13) | |
| | 1:16 (1:43:29) | 0:28 (1:43:57) | | | | | |
| 4. | Alexandre VINCENT | NAO | 1:48:00 | +34:14 | 06:55 | | |
| | 8:09 (8:09) | 3:30 (11:39) | 3:07 (14:46) | 7:33 (22:19) | 3:03 (25:22) | 2:13 (27:35) | |
| | 4:44 (32:19) | 9:38 (41:57) | 2:58 (44:55) | 1:17 (46:12) | 3:21 (49:33) | 6:52 (56:25) | |
| | 1:57 (58:22) | 7:11 (1:05:33) | 1:03 (1:06:36) | 3:13 (1:09:49) | 6:40 (1:16:29) | 4:20 (1:20:49) | |
| | 7:04 (1:27:53) | 6:49 (1:34:42) | 3:41 (1:38:23) | 1:17 (1:39:40) | 1:59 (1:41:39) | 4:13 (1:45:52) | |
| | 1:38 (1:47:30) | 0:30 (1:48:00) | | | | | |
| 5. | Maël GEFROY | PASS'O Compétition | 2:03:24 | +49:38 | 00:00 | | |
| | 5:45 (5:45) | 13:22 (19:07) | 4:09 (23:16) | 4:40 (27:56) | 4:44 (32:40) | 8:55 (41:35) | |
| | 6:35 (48:10) | 4:45 (52:55) | 7:27 (1:00:22) | 8:01 (1:08:23) | 2:25 (1:10:48) | 10:29 (1:21:17) | |
| | 7:15 (1:28:32) | 8:18 (1:36:50) | 2:00 (1:38:50) | 2:06 (1:40:56) | 5:08 (1:46:04) | 6:04 (1:52:08) | |
| | 1:17 (1:53:25) | 3:59 (1:57:24) | 2:22 (1:59:46) | 1:19 (2:01:05) | 1:49 (2:02:54) | 0:30 (2:03:24) | |
| 6. | Quentin GUILLOU | Quimper 29 | 2:04:18 | +50:32 | 06:18 | | |
| | 5:48 (5:48) | 3:59 (9:47) | 4:27 (14:14) | 9:03 (23:17) | 4:12 (27:29) | 2:35 (30:04) | |
| | 5:04 (35:08) | 10:05 (45:13) | 2:59 (48:12) | 1:19 (49:31) | 4:17 (53:48) | 9:24 (1:03:12) | |
| | 1:05 (1:04:17) | 9:25 (1:13:42) | 0:55 (1:14:37) | 5:26 (1:20:03) | 7:45 (1:27:48) | 3:33 (1:31:21) | |
| | 7:51 (1:39:12) | 8:08 (1:47:20) | 5:13 (1:52:33) | 1:26 (1:53:59) | 1:56 (1:55:55) | 5:26 (2:01:21) | |
| | 2:20 (2:03:41) | 0:37 (2:04:18) | | | | | |
| 7. | Baptiste ASTRADE | NAO | 2:09:14 | +55:28 | 13:40 | | |
| | 4:12 (4:12) | 4:14 (8:26) | 3:02 (11:28) | 9:53 (21:21) | 2:45 (24:06) | 8:19 (32:25) | |
| | 7:31 (39:56) | 10:04 (50:00) | 2:40 (52:40) | 1:07 (53:47) | 3:06 (56:53) | 13:00 (1:09:53) | |
| | 1:13 (1:11:06) | 10:15 (1:21:21) | 0:44 (1:22:05) | 3:34 (1:25:39) | 6:39 (1:32:18) | 3:43 (1:31:21) | |
| | 7:25 (1:43:26) | 7:30 (1:50:56) | 4:46 (1:55:42) | 1:38 (1:57:20) | 2:28 (1:59:48) | 6:42 (2:06:30) | |
| | 2:10 (2:08:40) | 0:34 (2:09:14) | | | | | |
| | David CAILLON | CRCO | PM | | | | |
| | 4:27 (4:27) | 3:07 (7:34) | 9:17 (16:51) | 11:08 (27:59) | 2:07 (30:06) | 2:07 (32:13) | |
| | 6:25 (38:38) | 8:57 (47:35) | 5:14 (52:49) | 3:08 (55:57) | 5:35 (1:01:32) | — (—) | |
| | — (1:10:31) | 23:30 (1:34:01) | 0:35 (1:34:36) | 7:08 (1:41:44) | 6:28 (1:48:12) | 2:46 (1:50:58) | |
| | — (—) | — (—) | — (—) | — (—) | — (—) | — (—) | |
| | — (—) | — (2:01:42) | | | | | |
| | Jean CAVROIS | CRCO | PM | | | | |
| | 1:40 (1:40) | — (—) | — (13:07) | 1:50 (14:57) | 4:44 (19:41) | 7:06 (26:47) | |
| | 4:26 (31:13) | 4:25 (35:38) | 5:59 (41:37) | 3:56 (45:33) | 5:26 (50:59) | 4:41 (55:40) | |
| | 1:01 (56:41) | 1:09 (57:50) | 2:31 (1:00:21) | 0:29 (1:00:50) | | | |
| | Laurent VALOIS | CRCO | PM | | | | |
| | 5:09 (5:09) | 3:34 (8:43) | 2:43 (11:26) | 10:22 (21:48) | 3:05 (24:53) | 2:34 (27:27) | |
| | 8:32 (35:59) | — (—) | — (—) | — (—) | — (—) | — (—) | |
| | — (—) | — (—) | — (—) | — (—) | — (38:59) | 3:04 (42:03) | |
| | 5:22 (47:25) | 5:42 (53:07) | 4:13 (57:20) | 1:38 (58:58) | 2:13 (1:01:11) | 5:26 (1:06:37) | |
| | 2:28 (1:09:05) | 0:33 (1:09:38) | | | | | |
| | Pierre-Yves WUILLAUME | NAO | PM | | | | |
| | 7:35 (7:35) | 4:59 (12:34) | 3:50 (16:24) | 11:25 (27:49) | 4:23 (32:12) | 5:11 (37:23) | |
| | 8:45 (46:08) | 11:47 (57:55) | 3:28 (1:01:23) | 2:22 (1:03:45) | 7:17 (1:11:02) | 13:15 (1:24:17) | |
| | 1:53 (1:26:10) | 13:25 (1:39:35) | 1:32 (1:41:07) | 6:00 (1:47:07) | 15:14 (2:02:21) | — (—) | |
| | — (—) | — (—) | — (—) | — (—) | — (—) | — (—) | |
| | — (—) | — (2:37:48) | | | | | |

| H35 | (1 / 1) | Temps | Après | Temps perdu |
|------------|--------------------------|-------------------|----------------|--------------------|
| 1. | Matthieu HALLEPEE | CO Lorient | 1:38:42 | 00:00 |
| | 3:43 (3:43) | 9:16 (12:59) | 4:40 (17:39) | 3:36 (21:15) |
| | 2:33 (33:14) | 1:48 (35:02) | 8:01 (43:03) | 9:26 (52:29) |
| | 13:19 (1:12:51) | 5:25 (1:18:16) | 1:14 (1:19:30) | 1:18 (1:20:48) |
| | 1:57 (1:28:40) | 4:28 (1:33:08) | 2:03 (1:35:11) | 1:24 (1:36:35) |
| | | | | 5:39 (26:54) |
| | | | | 0:52 (53:21) |
| | | | | 2:10 (1:22:58) |
| | | | | 1:39 (1:38:14) |
| | | | | 3:47 (30:41) |
| | | | | 6:11 (59:32) |
| | | | | 3:45 (1:26:43) |
| | | | | 0:28 (1:38:42) |

| H40 | (11 / 11) | Temps | Après | Temps perdu |
|------------|-----------------------|-----------------|----------------|--------------------|
| 1. | Kévin THURIOT | CRCO | 56:16 | 01:03 |
| | 3:35 (3:35) | 3:12 (6:47) | 2:30 (9:17) | 2:15 (11:32) |
| | 2:07 (19:08) | 1:28 (20:36) | 3:49 (24:25) | 3:46 (28:11) |
| | 3:09 (37:04) | 3:44 (40:48) | 0:42 (41:30) | 1:02 (42:32) |
| | 0:56 (49:28) | 2:42 (52:10) | 1:34 (53:44) | 0:54 (54:38) |
| | | | | 2:33 (14:05) |
| | | | | 0:41 (28:52) |
| | | | | 2:17 (44:49) |
| | | | | 1:11 (55:49) |
| | | | | 0:27 (56:16) |
| 2. | Julien SALLIOT | CRCO | 1:17:19 | +21:03 |
| | 5:39 (5:39) | 3:53 (9:32) | 2:29 (12:01) | 1:11 (13:12) |
| | 2:22 (21:22) | 2:29 (23:51) | 8:12 (32:03) | 4:31 (36:34) |
| | 3:35 (46:48) | 5:23 (52:11) | 1:01 (53:12) | 1:20 (54:32) |
| | 1:16 (1:05:38) | 3:27 (1:09:05) | 2:07 (1:11:12) | 3:48 (1:15:00) |
| | | | | 2:57 (16:09) |
| | | | | 0:43 (37:17) |
| | | | | 5:21 (59:53) |
| | | | | 1:50 (1:16:50) |
| | | | | 0:29 (1:17:19) |
| 3. | Alban CHORIN | CFCO | 1:34:37 | +38:21 |
| | 4:11 (4:11) | 10:56 (15:07) | 2:54 (18:01) | 1:23 (19:24) |
| | 2:57 (35:14) | 2:07 (37:21) | 4:51 (42:12) | 6:48 (49:00) |
| | 4:30 (1:03:11) | 5:34 (1:08:45) | 0:58 (1:09:43) | 2:29 (1:12:12) |
| | 1:18 (1:23:09) | 4:54 (1:28:03) | 2:10 (1:30:13) | 2:31 (1:32:44) |
| | | | | 7:32 (26:56) |
| | | | | 2:11 (51:11) |
| | | | | 3:23 (1:15:35) |
| | | | | 1:25 (1:34:09) |
| | | | | 5:21 (32:17) |
| | | | | 7:30 (58:41) |
| | | | | 6:16 (1:21:51) |
| | | | | 0:28 (1:34:37) |
| 4. | Clovis COILOT | CFCO | 1:39:07 | +42:51 |
| | 6:05 (6:05) | 4:38 (10:43) | 3:15 (13:58) | 1:32 (15:30) |
| | 3:20 (28:41) | 3:46 (32:27) | 10:16 (42:43) | 4:29 (47:12) |
| | 4:13 (1:01:20) | 13:00 (1:14:20) | 4:04 (1:18:24) | 1:35 (1:19:59) |
| | 1:55 (1:29:45) | 4:01 (1:33:46) | 2:13 (1:35:59) | 1:11 (1:37:10) |
| | | | | 5:38 (21:08) |
| | | | | 1:06 (48:18) |
| | | | | 2:47 (1:22:46) |
| | | | | 1:24 (1:38:34) |
| | | | | 4:13 (25:21) |
| | | | | 8:49 (57:07) |
| | | | | 5:04 (1:27:50) |
| | | | | 0:33 (1:39:07) |

| | | | | | | | |
|----|-----------------------|-----------------|----------------|----------------|----------------|-----------------|--|
| 5. | Guillaume PLOUZENNEC | Quimper 29 | 1:40:06 | +43:50 | 22:45 | | |
| | 3:48 (3:48) | 4:23 (8:11) | 3:17 (11:28) | 2:17 (13:45) | 3:17 (17:02) | 6:16 (23:18) | |
| | 5:26 (28:44) | 4:13 (32:57) | 15:38 (48:35) | 7:31 (56:06) | 1:09 (57:15) | 9:09 (1:06:24) | |
| | 4:55 (1:11:19) | 4:20 (1:15:39) | 1:23 (1:17:02) | 1:19 (1:18:21) | 2:39 (1:21:00) | 5:24 (1:26:24) | |
| | 1:40 (1:28:04) | 7:08 (1:35:12) | 1:40 (1:36:52) | 1:08 (1:38:00) | 1:37 (1:39:37) | 0:29 (1:40:06) | |
| 6. | Gabriel RENAULT | COPV | 1:41:06 | +44:50 | 18:48 | | |
| | 5:41 (5:41) | 4:08 (9:49) | 3:37 (13:26) | 3:47 (17:13) | 5:26 (22:39) | 4:17 (26:56) | |
| | 8:08 (35:04) | 2:44 (37:48) | 6:46 (44:34) | 4:39 (49:13) | 0:59 (50:12) | 8:09 (58:21) | |
| | 4:55 (1:03:16) | 16:07 (1:19:23) | 0:57 (1:20:20) | 1:28 (1:21:48) | 2:40 (1:24:28) | 5:53 (1:30:21) | |
| | 1:20 (1:31:41) | 4:21 (1:36:02) | 1:50 (1:37:52) | 1:11 (1:39:03) | 1:29 (1:40:32) | 0:34 (1:41:06) | |
| 7. | Mathieu ANDRAUD | SAINT-BRIEUC OR | 1:52:15 | +55:59 | 20:21 | | |
| | 4:30 (4:30) | 11:42 (16:12) | 3:14 (19:26) | 1:54 (21:20) | 5:00 (26:20) | 6:07 (32:27) | |
| | 5:12 (37:39) | 3:08 (40:47) | 7:54 (48:41) | 9:29 (58:10) | 1:37 (59:47) | 7:35 (1:07:22) | |
| | 5:18 (1:12:40) | 5:39 (1:18:19) | 4:33 (1:22:52) | 2:27 (1:25:19) | 6:43 (1:32:02) | 6:02 (1:38:04) | |
| | 2:09 (1:40:13) | 5:21 (1:45:34) | 1:37 (1:47:11) | 1:38 (1:48:49) | 3:03 (1:51:52) | 0:23 (1:52:15) | |
| 8. | Nicolas PANTZER | CO Lorient | 2:09:03 | +72:47 | 30:13 | | |
| | 5:49 (5:49) | 6:49 (12:38) | 3:35 (16:13) | 1:39 (17:52) | 14:51 (32:43) | 3:34 (36:17) | |
| | 4:35 (40:52) | 2:29 (43:21) | 6:45 (50:06) | 6:48 (56:54) | 1:36 (58:30) | 8:29 (1:06:59) | |
| | 6:33 (1:13:32) | 18:24 (1:31:56) | 2:11 (1:34:07) | 1:38 (1:35:45) | 4:37 (1:40:22) | 6:07 (1:46:29) | |
| | 1:34 (1:48:03) | 13:29 (2:01:32) | 1:45 (2:03:17) | 2:38 (2:05:55) | 2:35 (2:08:30) | 0:33 (2:09:03) | |
| | Fabien OLLIVIER-HENRY | CRCO | PM | | | | |
| | 3:29 (3:29) | 3:53 (7:22) | 2:45 (10:07) | 1:49 (11:56) | 2:52 (14:48) | 3:46 (18:34) | |
| | 6:09 (24:43) | 5:30 (30:13) | 6:04 (36:17) | 11:09 (47:26) | 1:07 (48:33) | 6:31 (55:04) | |
| | 4:14 (59:18) | — (—) | — (1:03:19) | 1:27 (1:04:46) | 4:00 (1:08:46) | 10:57 (1:19:43) | |
| | 0:54 (1:20:37) | 4:28 (1:25:05) | 1:23 (1:26:28) | 2:16 (1:28:44) | 1:17 (1:30:01) | 0:25 (1:30:26) | |
| | Nicolas CHERRIER | SAINT-BRIEUC OR | Aband. | | | | |
| | 8:43 (8:43) | 6:12 (14:55) | 5:10 (20:05) | 2:24 (22:29) | 5:33 (28:02) | 10:22 (38:24) | |
| | — (—) | — (—) | — (—) | — (—) | — (—) | — (—) | |
| | — (44:12) | 8:33 (52:45) | 3:04 (55:49) | 2:42 (58:31) | 6:06 (1:04:37) | — (—) | |
| | — (—) | — (—) | — (—) | — (—) | — (—) | — (—) | |
| | Eric LE ROUX | GO78 | Non partant | | | | |
| | — (—) | — (—) | — (—) | — (—) | — (—) | — (—) | |
| | — (—) | — (—) | — (—) | — (—) | — (—) | — (—) | |
| | — (—) | — (—) | — (—) | — (—) | — (—) | — (—) | |
| | — (—) | — (—) | — (—) | — (—) | — (—) | — (—) | |

| H45 | (8 / 8) | Temps | Après | Temps perdu | | |
|-----|---------------------|-----------------|-----------------|----------------|----------------|----------------|
| 1. | Sébastien PECOURT | Quimper 29 | 51:06 | | 01:14 | |
| | 3:54 (3:54) | 2:30 (6:24) | 1:06 (7:30) | 2:00 (9:30) | 3:49 (13:19) | 3:18 (16:37) |
| | 2:57 (19:34) | 0:39 (20:13) | 4:47 (25:00) | 3:42 (28:42) | 3:05 (31:47) | 4:05 (35:52) |
| | 1:14 (37:06) | 3:47 (40:53) | 1:58 (42:51) | 1:03 (43:54) | 1:09 (45:03) | 1:46 (46:49) |
| | 1:51 (48:40) | 1:58 (50:38) | 0:28 (51:06) | | | |
| 2. | Guillaume PERRAULT | Quimper 29 | 55:29 | +4:23 | 06:36 | |
| | 3:56 (3:56) | 2:24 (6:20) | 1:09 (7:29) | 5:33 (13:02) | 5:44 (18:46) | 2:46 (21:32) |
| | 2:52 (24:24) | 0:44 (25:08) | 6:28 (31:36) | 2:04 (33:40) | 3:05 (36:45) | 3:39 (40:24) |
| | 1:05 (41:29) | 3:33 (45:02) | 1:58 (47:00) | 1:02 (48:02) | 1:34 (49:36) | 1:41 (51:17) |
| | 1:41 (52:58) | 1:59 (54:57) | 0:32 (55:29) | | | |
| 3. | Jean-François URVOY | Quimper 29 | 57:32 | +6:26 | 04:43 | |
| | 4:38 (4:38) | 2:42 (7:20) | 1:02 (8:22) | 1:50 (10:12) | 3:43 (13:55) | 3:11 (17:06) |
| | 2:47 (19:53) | 0:39 (20:32) | 7:41 (28:13) | 3:47 (32:00) | 4:17 (36:17) | 4:15 (40:32) |
| | 1:15 (41:47) | 3:40 (45:27) | 2:04 (47:31) | 1:40 (49:11) | 1:07 (50:18) | 1:52 (52:10) |
| | 2:28 (54:38) | 2:26 (57:04) | 0:28 (57:32) | | | |
| 4. | Jérôme DURAND | NAO | 1:17:46 | +26:40 | 07:05 | |
| | 6:29 (6:29) | 2:49 (9:18) | 2:17 (11:35) | 2:30 (14:05) | 6:59 (21:04) | 4:17 (25:21) |
| | 4:09 (29:30) | 0:59 (30:29) | 8:34 (39:03) | 3:46 (42:49) | 4:37 (47:26) | 9:35 (57:01) |
| | 1:43 (58:44) | 5:25 (1:04:09) | 1:58 (1:06:07) | 1:33 (1:07:40) | 1:23 (1:09:03) | 2:14 (1:11:17) |
| | 2:34 (1:13:51) | 3:26 (1:17:17) | 0:29 (1:17:46) | | | |
| 5. | Guillaume GOURLE | NAO | 1:41:00 | +49:54 | 22:48 | |
| | 5:46 (5:46) | 3:24 (9:10) | 2:27 (11:37) | 3:22 (14:59) | 7:54 (22:53) | 13:02 (35:55) |
| | 3:49 (39:44) | 0:52 (40:36) | 9:22 (49:58) | 3:35 (53:33) | 6:36 (1:00:09) | 5:31 (1:05:40) |
| | 3:18 (1:08:58) | 8:39 (1:17:37) | 4:04 (1:21:41) | 1:39 (1:23:20) | 1:27 (1:24:47) | 2:45 (1:27:32) |
| | 8:34 (1:36:06) | 4:16 (1:40:22) | 0:38 (1:41:00) | | | |
| | Cedric SIROEN | CRCO | (57:09) | +6:03 | 04:00 | |
| | 4:53 (4:53) | 2:41 (7:34) | 1:20 (8:54) | 2:11 (11:05) | 3:39 (14:44) | 3:16 (18:00) |
| | 3:12 (21:12) | 0:45 (21:57) | 8:04 (30:01) | 2:52 (32:53) | 3:18 (36:11) | 4:59 (41:10) |
| | 1:13 (42:23) | 3:52 (46:15) | 1:30 (47:45) | 1:51 (49:36) | 1:05 (50:41) | 1:45 (52:26) |
| | 2:04 (54:30) | 2:11 (56:41) | 0:28 (57:09) | | | |
| | Arnaud JACQ | SAINT-BRIEUC OR | PM | | | |
| | 6:39 (6:39) | 7:39 (14:18) | 1:33 (15:51) | 2:13 (18:04) | 7:00 (25:04) | 6:04 (31:08) |
| | 4:10 (35:18) | 1:01 (36:19) | 28:10 (1:04:29) | 5:15 (1:09:44) | 7:58 (1:17:42) | 7:00 (1:24:42) |
| | 1:53 (1:26:35) | 8:39 (1:35:14) | — (—) | — (—) | — (—) | — (—) |
| | — (—) | — (—) | — (1:42:19) | | | |
| | Laurent TREHET | SAINT-BRIEUC OR | PM | | | |
| | 15:45 (15:45) | 3:50 (19:35) | 3:47 (23:22) | 3:33 (26:55) | 8:21 (35:16) | 9:14 (44:30) |
| | 4:54 (49:24) | 0:59 (50:23) | 20:20 (1:10:43) | — (—) | — (1:22:40) | 8:30 (1:31:10) |
| | 5:08 (1:36:18) | 6:22 (1:42:40) | 4:18 (1:46:58) | 2:33 (1:49:31) | 2:26 (1:51:57) | 4:47 (1:56:44) |
| | 5:08 (2:01:52) | 6:36 (2:08:28) | 0:47 (2:09:15) | | | |

| H50 | (11 / 11) | Temps | Après | Temps perdu |
|-----|-----------------|-------|-------|-------------|
| 1. | André LE GALLIC | CRCO | 58:24 | 04:31 |

| | | | | | |
|--------------------------|------------------------|----------------|-------------------------------|----------------|-----------------|
| 4:06 (4:06) | 2:26 (6:32) | 1:20 (7:52) | 2:06 (9:58) | 4:09 (14:07) | 3:33 (17:40) |
| 3:26 (21:06) | 0:52 (21:58) | 4:49 (26:47) | 2:28 (29:15) | 4:20 (33:35) | 4:56 (38:31) |
| 1:17 (39:48) | 3:39 (43:27) | 1:35 (45:02) | 1:06 (46:08) | 5:33 (51:41) | 2:21 (54:02) |
| 1:56 (55:58) | 1:53 (57:51) | 0:33 (58:24) | | | |
| 2. Eric RAVENET | SAINT-BRIEUC OR | | 1:02:24 +4:00 04:01 | | |
| 5:41 (5:41) | 4:15 (9:56) | 1:10 (11:06) | 3:23 (14:29) | 4:19 (18:48) | 4:34 (23:22) |
| 3:28 (26:50) | 0:44 (27:34) | 6:15 (33:49) | 2:08 (35:57) | 4:42 (40:39) | 5:03 (45:42) |
| 1:19 (47:01) | 4:37 (51:38) | 1:32 (53:10) | 1:54 (55:04) | 1:02 (56:06) | 2:09 (58:15) |
| 1:41 (59:56) | 2:03 (1:01:59) | 0:25 (1:02:24) | | | |
| 3. Denis GRAFFIN | Quimper 29 | | 1:04:20 +5:56 10:33 | | |
| 5:21 (5:21) | 2:27 (7:48) | 1:26 (9:14) | 2:04 (11:18) | 4:03 (15:21) | 7:01 (22:22) |
| 2:50 (25:12) | 0:48 (26:00) | 9:46 (35:46) | 2:16 (38:02) | 4:52 (42:54) | 4:01 (46:55) |
| 2:43 (49:38) | 4:03 (53:41) | 1:28 (55:09) | 2:03 (57:12) | 1:00 (58:12) | 1:54 (1:00:06) |
| 1:58 (1:02:04) | 1:50 (1:03:54) | 0:26 (1:04:20) | | | |
| 4. Regis BAILLET | Quimper 29 | | 1:11:29 +13:05 04:28 | | |
| 5:38 (5:38) | 3:19 (8:57) | 1:21 (10:18) | 2:19 (12:37) | 5:25 (18:02) | 4:04 (22:06) |
| 4:24 (26:30) | 0:59 (27:29) | 6:21 (33:50) | 3:55 (37:45) | 4:34 (42:19) | 8:12 (50:31) |
| 1:23 (51:54) | 5:34 (57:28) | 1:51 (59:19) | 1:58 (1:01:17) | 1:39 (1:02:56) | 2:52 (1:05:48) |
| 2:18 (1:08:06) | 2:44 (1:10:50) | 0:39 (1:11:29) | | | |
| 5. Jérôme HUCTIN | COPV | | 1:11:42 +13:18 12:38 | | |
| 5:52 (5:52) | 2:51 (8:43) | 1:20 (10:03) | 2:40 (12:43) | 4:46 (17:29) | 3:29 (20:58) |
| 3:19 (24:17) | 0:56 (25:13) | 7:37 (32:50) | 4:07 (36:57) | 3:24 (40:21) | 5:05 (45:26) |
| 1:13 (46:39) | 7:26 (54:05) | 8:40 (1:02:45) | 1:17 (1:04:02) | 1:11 (1:05:13) | 2:01 (1:07:14) |
| 2:09 (1:09:23) | 1:50 (1:11:13) | 0:29 (1:11:42) | | | |
| 6. Marc LENOBLE | CRCO | | 1:15:44 +17:20 09:26 | | |
| 7:27 (7:27) | 3:07 (10:34) | 1:31 (12:05) | 2:54 (14:59) | 5:10 (20:09) | 4:59 (25:08) |
| 3:46 (28:54) | 0:44 (29:38) | 7:21 (36:59) | 3:02 (40:01) | 4:08 (44:09) | 5:11 (49:20) |
| 3:43 (53:03) | 4:20 (57:23) | 6:39 (1:04:02) | 1:25 (1:05:27) | 1:16 (1:06:43) | 2:22 (1:09:05) |
| 3:28 (1:12:33) | 2:44 (1:15:17) | 0:27 (1:15:44) | | | |
| 7. Pascal DAHIN | CRCO | | 1:29:28 +31:04 24:43 | | |
| 6:29 (6:29) | 3:31 (10:00) | 7:37 (17:37) | 2:19 (19:56) | 4:02 (23:58) | 3:24 (27:22) |
| 3:44 (31:06) | 0:48 (31:54) | 6:02 (37:56) | 12:43 (50:39) | 5:40 (56:19) | 5:20 (1:01:39) |
| 1:27 (1:03:06) | 5:23 (1:08:29) | 6:39 (1:15:08) | 2:31 (1:17:39) | 2:36 (1:20:15) | 2:39 (1:22:54) |
| 3:03 (1:25:57) | 2:52 (1:28:49) | 0:39 (1:29:28) | | | |
| 8. Byron HAWKINS | CRCO | | 1:30:21 +31:57 19:17 | | |
| 6:45 (6:45) | 3:21 (10:06) | 7:08 (17:14) | 3:36 (20:50) | 8:06 (28:56) | 4:08 (33:04) |
| 3:37 (36:41) | 1:01 (37:42) | 12:24 (50:06) | 6:48 (56:54) | 4:22 (1:01:16) | 6:36 (1:07:52) |
| 1:25 (1:09:17) | 4:58 (1:14:15) | 2:01 (1:16:16) | 1:38 (1:17:54) | 1:25 (1:19:19) | 4:44 (1:24:03) |
| 3:27 (1:27:30) | 2:13 (1:29:43) | 0:38 (1:30:21) | | | |
| 9. Eric ORHANT | CFCO | | 1:39:01 +40:37 23:07 | | |
| 5:59 (5:59) | 4:04 (10:03) | 2:15 (12:18) | 2:55 (15:13) | 5:27 (20:40) | 4:37 (25:17) |
| 5:35 (30:52) | 0:56 (31:48) | 17:15 (49:03) | 2:35 (51:38) | 5:29 (57:07) | 11:37 (1:08:44) |
| 1:21 (1:10:05) | 6:55 (1:17:00) | 6:40 (1:23:40) | 4:53 (1:28:33) | 1:44 (1:30:17) | 2:12 (1:32:29) |
| 2:43 (1:35:12) | 3:09 (1:38:21) | 0:40 (1:39:01) | | | |
| 10. Lionel QUENET | SAINT-BRIEUC OR | | 1:42:34 +44:10 20:44 | | |
| 5:58 (5:58) | 4:13 (10:11) | 1:31 (11:42) | 2:11 (13:53) | 6:41 (20:34) | 8:45 (29:19) |
| 3:43 (33:02) | 0:50 (33:52) | 10:03 (43:55) | 6:45 (50:40) | 8:03 (58:43) | 8:17 (1:07:00) |
| 9:14 (1:16:14) | 7:25 (1:23:39) | 2:17 (1:25:56) | 3:23 (1:29:19) | 1:43 (1:31:02) | 3:20 (1:34:22) |
| 3:42 (1:38:04) | 3:54 (1:41:58) | 0:36 (1:42:34) | | | |
| Raphaël LE CAM | CRCO | | (1:57:47) +59:23 00:00 | | |
| 5:26 (5:26) | 4:09 (9:35) | 3:29 (13:04) | 8:12 (21:16) | 2:28 (23:44) | 2:20 (26:04) |
| 4:55 (30:59) | 10:28 (41:27) | 2:56 (44:23) | 1:22 (45:45) | 3:57 (49:42) | 9:14 (58:56) |
| 1:02 (59:58) | 8:20 (1:08:18) | 0:51 (1:09:09) | 4:00 (1:13:09) | 8:03 (1:21:12) | 3:57 (1:25:09) |
| 7:46 (1:32:55) | 8:19 (1:41:14) | 4:32 (1:45:46) | 1:16 (1:47:02) | 2:15 (1:49:17) | 5:04 (1:54:21) |
| 2:28 (1:56:49) | 0:58 (1:57:47) | | | | |

| H55 | (5 / 5) | Temps | Après | Temps perdu |
|----------------------------------|-------------------|----------------|---------------------|--------------------|
| 1. Emmanuel ROULLAND | CRCO | 1:02:23 | 07:43 | |
| 5:13 (5:13) | 2:55 (8:08) | 1:29 (9:37) | 1:37 (11:14) | 4:30 (15:44) |
| 2:59 (22:14) | 0:47 (23:01) | 12:00 (35:01) | 2:35 (37:36) | 3:11 (40:47) |
| 1:25 (46:42) | 4:00 (50:42) | 2:26 (53:08) | 1:02 (54:10) | 1:03 (55:13) |
| 2:36 (59:36) | 2:17 (1:01:53) | 0:30 (1:02:23) | | 1:47 (57:00) |
| 2. Bruno MAES | CO Lorient | 1:03:47 | +1:24 05:36 | |
| 5:14 (5:14) | 2:51 (8:05) | 1:28 (9:33) | 2:04 (11:37) | 3:19 (14:56) |
| 3:26 (22:13) | 0:43 (22:56) | 6:02 (28:58) | 7:14 (36:12) | 4:58 (41:10) |
| 1:19 (48:04) | 4:25 (52:29) | 1:43 (54:12) | 1:10 (55:22) | 1:16 (56:38) |
| 2:17 (1:01:10) | 2:02 (1:03:12) | 0:35 (1:03:47) | | 2:15 (58:53) |
| 3. Thierry SPIRAL | VSO | 1:04:21 | +1:58 06:04 | |
| 7:01 (7:01) | 2:48 (9:49) | 1:39 (11:28) | 3:22 (14:50) | 4:02 (18:52) |
| 3:32 (26:23) | 0:44 (27:07) | 5:46 (32:53) | 5:30 (38:23) | 3:39 (42:02) |
| 1:26 (48:30) | 4:03 (52:33) | 1:31 (54:04) | 1:35 (55:39) | 1:06 (56:45) |
| 1:58 (1:00:44) | 3:04 (1:03:48) | 0:33 (1:04:21) | | 2:01 (58:46) |
| 4. Bertrand LECONTELLEC | Quimper 29 | 1:08:03 | +5:40 08:38 | |
| 5:00 (5:00) | 6:53 (11:53) | 1:24 (13:17) | 2:20 (15:37) | 4:27 (20:04) |
| 3:32 (26:34) | 0:41 (27:15) | 6:33 (33:48) | 3:21 (37:09) | 3:27 (40:36) |
| 1:25 (50:22) | 4:33 (54:55) | 1:29 (56:24) | 1:06 (57:30) | 1:18 (58:48) |
| 2:09 (1:04:41) | 2:47 (1:07:28) | 0:35 (1:08:03) | | 2:58 (23:02) |
| 5. Jean-Philippe HEUCTEAU | LMA 72 | 1:28:27 | +26:04 17:52 | |
| 5:41 (5:41) | 4:18 (9:59) | 1:56 (11:55) | 5:10 (17:05) | 8:22 (25:27) |
| 3:26 (38:21) | 0:56 (39:17) | 9:16 (48:33) | 4:34 (53:07) | 7:38 (1:00:45) |
| 2:26 (1:08:39) | 6:18 (1:14:57) | 3:01 (1:17:58) | 1:35 (1:19:33) | 1:19 (1:20:52) |
| 2:20 (1:25:33) | 2:12 (1:27:45) | 0:42 (1:28:27) | | 9:28 (34:55) |
| | | | | 5:28 (1:06:13) |
| | | | | 2:21 (1:23:13) |

| H60 | | (6 / 6) | Temps | Après | Temps perdu | | |
|------------|------------------|-----------------|----------------|----------------|--------------------|-----------------|----------------|
| 1. | Etienne HAMEAU | O53 | 1:06:37 | | 05:25 | | |
| | 2:31 (2:31) | 3:34 (6:05) | 4:04 (10:09) | 1:56 (12:05) | | 4:29 (16:34) | 9:05 (25:39) |
| | 5:38 (31:17) | 4:17 (35:34) | 6:03 (41:37) | 5:28 (47:05) | | 7:29 (54:34) | 5:59 (1:00:33) |
| | 1:28 (1:02:01) | 1:09 (1:03:10) | 2:49 (1:05:59) | 0:38 (1:06:37) | | | |
| 2. | Hervé PETITJEAN | Quimper 29 | 1:07:54 | +1:17 | 11:28 | | |
| | 2:23 (2:23) | 3:25 (5:48) | 3:06 (8:54) | 1:25 (10:19) | | 8:02 (18:21) | 9:01 (27:22) |
| | 8:52 (36:14) | 2:56 (39:10) | 5:17 (44:27) | 2:24 (46:51) | | 5:52 (52:43) | 6:30 (59:13) |
| | 0:56 (1:00:09) | 1:11 (1:01:20) | 6:04 (1:07:24) | 0:30 (1:07:54) | | | |
| 3. | Yannick GUILLOU | Quimper 29 | 1:11:49 | +5:12 | 10:54 | | |
| | 1:59 (1:59) | 2:28 (4:27) | 3:51 (8:18) | 1:56 (10:14) | | 12:54 (23:08) | 8:25 (31:33) |
| | 4:08 (35:41) | 6:18 (41:59) | 6:17 (48:16) | 2:50 (51:06) | | 7:09 (58:15) | 5:27 (1:03:42) |
| | 1:10 (1:04:52) | 0:57 (1:05:49) | 5:19 (1:11:08) | 0:41 (1:11:49) | | | |
| 4. | Jean-Marc JONNET | CRCO | 1:15:15 | +8:38 | 07:18 | | |
| | 2:10 (2:10) | 3:49 (5:59) | 4:25 (10:24) | 2:08 (12:32) | | 6:51 (19:23) | 10:34 (29:57) |
| | 5:49 (35:46) | 3:41 (39:27) | 7:49 (47:16) | 4:16 (51:32) | | 7:19 (58:51) | 4:42 (1:03:33) |
| | 1:20 (1:04:53) | 5:52 (1:10:45) | 3:58 (1:14:43) | 0:32 (1:15:15) | | | |
| 5. | Jean DURRMANN | SAINT-BRIEUC OR | 1:15:46 | +9:09 | 15:22 | | |
| | 2:08 (2:08) | 3:01 (5:09) | 3:33 (8:42) | 2:35 (11:17) | | 9:50 (21:07) | 7:26 (28:33) |
| | 4:16 (32:49) | 7:02 (39:51) | 8:54 (48:45) | 6:11 (54:56) | | 8:55 (1:03:51) | 4:32 (1:08:23) |
| | 1:21 (1:09:44) | 1:02 (1:10:46) | 4:32 (1:15:18) | 0:28 (1:15:46) | | | |
| 6. | Bernard BONNOT | Dinan CO | 1:49:47 | +43:10 | 22:23 | | |
| | 4:30 (4:30) | 3:06 (7:36) | 4:19 (11:55) | 2:53 (14:48) | | 17:42 (32:30) | 22:58 (55:28) |
| | 9:07 (1:04:35) | 5:21 (1:09:56) | 8:23 (1:18:19) | 4:45 (1:23:04) | | 10:43 (1:33:47) | 6:20 (1:40:07) |
| | 1:48 (1:41:55) | 2:19 (1:44:14) | 4:25 (1:48:39) | 1:08 (1:49:47) | | | |

| H65 | | (4 / 4) | Temps | Après | Temps perdu | | |
|------------|------------------|----------------|----------------|----------------|--------------------|----------------|----------------|
| 1. | Daniel BLANCHARD | COPV | 1:01:29 | | 04:56 | | |
| | 2:10 (2:10) | 5:07 (7:17) | 4:34 (11:51) | 1:41 (13:32) | | 4:32 (18:04) | 6:52 (24:56) |
| | 4:27 (29:23) | 3:51 (33:14) | 7:24 (40:38) | 3:32 (44:10) | | 6:07 (50:17) | 4:27 (54:44) |
| | 1:19 (56:03) | 2:25 (58:28) | 2:30 (1:00:58) | 0:31 (1:01:29) | | | |
| 2. | Yannick RIO | COPV | 1:02:21 | +0:52 | 06:01 | | |
| | 2:20 (2:20) | 3:09 (5:29) | 3:47 (9:16) | 1:40 (10:56) | | 4:15 (15:11) | 8:53 (24:04) |
| | 5:17 (29:21) | 3:46 (33:07) | 5:53 (39:00) | 3:55 (42:55) | | 7:56 (50:51) | 4:54 (55:45) |
| | 1:11 (56:56) | 1:04 (58:00) | 3:47 (1:01:47) | 0:34 (1:02:21) | | | |
| 3. | Daniel POEDRAS | COPV | 1:05:24 | +3:55 | 08:14 | | |
| | 2:15 (2:15) | 4:24 (6:39) | 3:47 (10:26) | 2:17 (12:43) | | 5:26 (18:09) | 7:07 (25:16) |
| | 4:14 (29:30) | 3:42 (33:12) | 7:03 (40:15) | 8:48 (49:03) | | 7:27 (56:30) | 3:49 (1:00:19) |
| | 1:17 (1:01:36) | 1:03 (1:02:39) | 2:10 (1:04:49) | 0:35 (1:05:24) | | | |
| 4. | Gilles BRANGER | Quimper 29 | 1:45:14 | +43:45 | 20:45 | | |
| | 6:02 (6:02) | 6:59 (13:01) | 4:37 (17:38) | 2:19 (19:57) | | 9:50 (29:47) | 21:44 (51:31) |
| | 6:43 (58:14) | 6:07 (1:04:21) | 9:02 (1:13:23) | 5:19 (1:18:42) | | 8:46 (1:27:28) | 6:59 (1:34:27) |
| | 1:31 (1:35:58) | 2:02 (1:38:00) | 6:28 (1:44:28) | 0:46 (1:45:14) | | | |

| H70 | | (2 / 2) | Temps | Après | Temps perdu | | |
|------------|----------------|-----------------|----------------|----------------|--------------------|--------------|---------------|
| 1. | Roger ELLEOJET | CO Lorient | 52:28 | | 00:00 | | |
| | 4:18 (4:18) | 7:43 (12:01) | 11:19 (23:20) | 2:57 (26:17) | | 6:20 (32:37) | 9:40 (42:17) |
| | 2:28 (44:45) | 1:33 (46:18) | 5:21 (51:39) | 0:49 (52:28) | | | |
| 2. | Alain LE GAL | SAINT-BRIEUC OR | 1:05:06 | +12:38 | 08:14 | | |
| | 4:46 (4:46) | 7:42 (12:28) | 11:34 (24:02) | 4:22 (28:24) | | 9:19 (37:43) | 14:01 (51:44) |
| | 3:51 (55:35) | 2:03 (57:38) | 6:35 (1:04:13) | 0:53 (1:05:06) | | | |

| H75 | | (3 / 3) | Temps | Après | Temps perdu | | |
|------------|--------------------|----------------|--------------|--------------|--------------------|--------------|--------------|
| 1. | Jean-Claude JEQUEL | NAO | 36:10 | | 00:37 | | |
| | 3:28 (3:28) | 5:28 (8:56) | 4:14 (13:10) | 1:56 (15:06) | | 5:06 (20:12) | 8:16 (28:28) |
| | 1:41 (30:09) | 1:27 (31:36) | 4:01 (35:37) | 0:33 (36:10) | | | |
| 2. | Jacques LE ROUX | CRCO | 37:39 | +1:29 | 02:21 | | |
| | 3:28 (3:28) | 5:11 (8:39) | 3:48 (12:27) | 1:33 (14:00) | | 5:34 (19:34) | 9:05 (28:39) |
| | 2:38 (31:17) | 2:21 (33:38) | 3:19 (36:57) | 0:42 (37:39) | | | |
| 3. | Hervé CABON | INDIVIDUEL | 37:58 | +1:48 | 01:12 | | |
| | 3:47 (3:47) | 5:40 (9:27) | 4:39 (14:06) | 1:39 (15:45) | | 5:25 (21:10) | 8:04 (29:14) |
| | 2:05 (31:19) | 1:52 (33:11) | 4:08 (37:19) | 0:39 (37:58) | | | |

| H80 | | (1 / 1) | Temps | Après | Temps perdu | | |
|------------|----------------|-----------------|----------------|----------------|--------------------|---------------|---------------|
| 1. | Joseph LE GUEN | SAINT-BRIEUC OR | 1:01:22 | | 00:00 | | |
| | 5:14 (5:14) | 8:50 (14:04) | 6:43 (20:47) | 2:54 (23:41) | | 10:00 (33:41) | 14:07 (47:48) |
| | 3:16 (51:04) | 2:12 (53:16) | 6:58 (1:00:14) | 1:08 (1:01:22) | | | |

| D10 | | (3 / 3) | Temps | Après | Temps perdu | | |
|------------|-------------------|----------------|--------------|---------------|--------------------|--------------|---------------|
| 1. | Raphaëlle SALLIOT | CRCO | 52:42 | | 00:35 | | |
| | 4:09 (4:09) | 2:08 (6:17) | 9:40 (15:57) | 14:01 (29:58) | | 3:02 (33:00) | 10:37 (43:37) |
| | 2:19 (45:56) | 0:54 (46:50) | 5:24 (52:14) | 0:28 (52:42) | | | |
| 2. | Romane SALLIOT | CRCO | 55:41 | +2:59 | 03:29 | | |
| | 5:20 (5:20) | 4:31 (9:51) | 9:03 (18:54) | 14:06 (33:00) | | 3:04 (36:04) | 10:47 (46:51) |
| | 2:05 (48:56) | 0:56 (49:52) | 5:20 (55:12) | 0:29 (55:41) | | | |
| | Charlotte THURIOT | CRCO | Non partant | | | | |
| | - (-) | - (-) | - (-) | - (-) | | - (-) | - (-) |
| | - (-) | - (-) | - (-) | - (-) | | | |

| D14 | | (3 / 3) | | Temps | Après | Temps perdu | |
|------------|----------------------------|-----------------|-----------------|--------------|-----------------|--------------------|-----------------|
| 1. | Margot POGU | SAINT-BRIEUC OR | | 1:26:17 | | 07:50 | |
| | 4:59 (4:59) | 11:20 (16:19) | 4:26 (20:45) | | 1:59 (22:44) | 5:28 (28:12) | 6:58 (35:10) |
| | 8:25 (43:35) | 9:43 (53:18) | 2:43 (56:01) | | 4:18 (1:00:19) | 15:24 (1:15:43) | 1:26 (1:17:09) |
| | 4:42 (1:21:51) | 3:57 (1:25:48) | 0:29 (1:26:17) | | | | |
| 2. | Manon DAVALO | CRCO | | 1:36:38 | +10:21 | 17:27 | |
| | 4:24 (4:24) | 12:20 (16:44) | 6:58 (23:42) | | 4:02 (27:44) | 5:26 (33:10) | 13:14 (46:24) |
| | 7:26 (53:50) | 8:14 (1:02:04) | 4:08 (1:06:12) | | 6:06 (1:12:18) | 12:44 (1:25:02) | 2:34 (1:27:36) |
| | 5:14 (1:32:50) | 3:14 (1:36:04) | 0:34 (1:36:38) | | | | |
| 3. | Julia YVINEC | CRCO | | 2:00:59 | +34:42 | 45:25 | |
| | 18:14 (18:14) | 9:13 (27:27) | 20:37 (48:04) | | 2:51 (50:55) | 5:27 (56:22) | 5:28 (1:01:50) |
| | 6:01 (1:07:51) | 10:53 (1:18:44) | 13:25 (1:32:09) | | 1:41 (1:33:50) | 10:50 (1:44:40) | 6:52 (1:51:32) |
| | 4:33 (1:56:05) | 4:20 (2:00:25) | 0:34 (2:00:59) | | | | |
| D18 | | (1 / 1) | | Temps | Après | Temps perdu | |
| 1. | Elisabeth ANDRAUD | SAINT-BRIEUC OR | | 1:33:51 | | 00:00 | |
| | 9:00 (9:00) | 4:17 (13:17) | 2:24 (15:41) | | 2:36 (18:17) | 5:13 (23:30) | 7:24 (30:54) |
| | 3:53 (34:47) | 0:57 (35:44) | 16:04 (51:48) | | 5:07 (56:55) | 6:00 (1:02:55) | 7:27 (1:10:22) |
| | 1:46 (1:12:08) | 6:27 (1:18:35) | 2:04 (1:20:39) | | 1:47 (1:22:26) | 2:04 (1:24:30) | 2:10 (1:26:40) |
| | 3:42 (1:30:22) | 3:04 (1:33:26) | 0:25 (1:33:51) | | | | |
| D16 | | (4 / 4) | | Temps | Après | Temps perdu | |
| 1. | Daphné ANDRAUD | SAINT-BRIEUC OR | | 1:23:27 | | 10:10 | |
| | 4:40 (4:40) | 3:40 (8:20) | 5:35 (13:55) | | 1:23 (15:18) | 3:16 (18:34) | 8:49 (27:23) |
| | 5:29 (32:52) | 1:59 (34:51) | 1:03 (35:54) | | 15:02 (50:56) | 7:03 (57:59) | 2:59 (1:00:58) |
| | 10:14 (1:11:12) | 4:33 (1:15:45) | 4:36 (1:20:21) | | 2:39 (1:23:00) | 0:27 (1:23:27) | |
| 2. | Loïza BIARD | CFCO | | 1:24:02 | +0:35 | 09:28 | |
| | 8:10 (8:10) | 4:13 (12:23) | 7:54 (20:17) | | 0:44 (21:01) | 3:34 (24:35) | 3:30 (28:05) |
| | 6:29 (34:34) | 2:30 (37:04) | 0:58 (38:02) | | 13:40 (51:42) | 8:29 (1:00:11) | 2:42 (1:02:53) |
| | 6:36 (1:09:29) | 5:57 (1:15:26) | 4:16 (1:19:42) | | 3:42 (1:23:24) | 0:38 (1:24:02) | |
| 3. | Mari BOTREL | Dinan CO | | 1:31:53 | +8:26 | 12:32 | |
| | 4:00 (4:00) | 7:17 (11:17) | 6:58 (18:15) | | 0:55 (19:10) | 3:02 (22:12) | 5:57 (28:09) |
| | 5:30 (33:39) | 2:30 (36:09) | 1:25 (37:34) | | 16:26 (54:00) | 11:53 (1:05:53) | 4:39 (1:10:32) |
| | 4:51 (1:15:23) | 5:31 (1:20:54) | 4:37 (1:25:31) | | 5:41 (1:31:12) | 0:41 (1:31:53) | |
| | Jeanne SALLIOT | CRCO | | PM | | | |
| | 6:14 (6:14) | 5:35 (11:49) | 6:39 (18:28) | | 0:58 (19:26) | 5:57 (25:23) | - (-) |
| | - (32:04) | 3:25 (35:29) | 1:21 (36:50) | | 24:52 (1:01:42) | 10:10 (1:11:52) | 11:51 (1:23:43) |
| | 13:11 (1:36:54) | 15:24 (1:52:18) | 6:04 (1:58:22) | | 10:47 (2:09:09) | 0:34 (2:09:43) | |
| D21 | | (2 / 2) | | Temps | Après | Temps perdu | |
| 1. | Hélène POLASKOVA-MENARDIAO | SAINT-BRIEUC OR | | 1:23:41 | | 00:56 | |
| | 3:49 (3:49) | 4:11 (8:00) | 3:33 (11:33) | | 2:16 (13:49) | 4:15 (18:04) | 3:53 (21:57) |
| | 3:17 (25:14) | 2:51 (28:05) | 7:01 (35:06) | | 5:24 (40:30) | 0:53 (41:23) | 8:11 (49:34) |
| | 6:58 (56:32) | 4:06 (1:00:38) | 1:09 (1:01:47) | | 1:31 (1:03:18) | 3:14 (1:06:32) | 5:13 (1:11:45) |
| | 1:15 (1:13:00) | 5:04 (1:18:04) | 1:46 (1:19:50) | | 1:15 (1:21:05) | 2:04 (1:23:09) | 0:32 (1:23:41) |
| 2. | Elise BONNET | CO Lorient | | 1:56:41 | +33:00 | 25:58 | |
| | 4:01 (4:01) | 6:56 (10:57) | 3:46 (14:43) | | 1:52 (16:35) | 3:17 (19:52) | 3:45 (23:37) |
| | 3:03 (26:40) | 4:31 (31:11) | 6:34 (37:45) | | 6:11 (43:56) | 1:11 (45:07) | 10:31 (55:38) |
| | 9:10 (1:04:48) | 19:48 (1:24:36) | 1:51 (1:26:27) | | 1:58 (1:28:25) | 3:49 (1:32:14) | 8:19 (1:40:33) |
| | 6:08 (1:46:41) | 4:32 (1:51:13) | 2:01 (1:53:14) | | 1:24 (1:54:38) | 1:36 (1:56:14) | 0:27 (1:56:41) |
| D35 | | (1 / 1) | | Temps | Après | Temps perdu | |
| 1. | Julie DUBOIS | Dinan CO | | 1:25:35 | | 00:00 | |
| | 6:28 (6:28) | 4:09 (10:37) | 3:21 (13:58) | | 2:58 (16:56) | 5:07 (22:03) | 7:06 (29:09) |
| | 4:16 (33:25) | 0:54 (34:19) | 9:11 (43:30) | | 3:58 (47:28) | 5:02 (52:30) | 8:58 (1:01:28) |
| | 1:57 (1:03:25) | 5:44 (1:09:09) | 2:23 (1:11:32) | | 2:01 (1:13:33) | 1:53 (1:15:26) | 2:37 (1:18:03) |
| | 2:56 (1:20:59) | 4:01 (1:25:00) | 0:35 (1:25:35) | | | | |
| D40 | | (6 / 6) | | Temps | Après | Temps perdu | |
| 1. | Pauline ENDRESS | CRCO | | 58:44 | | 00:00 | |
| | 5:18 (5:18) | 2:43 (8:01) | 1:34 (9:35) | | 2:03 (11:38) | 4:00 (15:38) | 3:08 (18:46) |
| | 3:14 (22:00) | 0:55 (22:55) | 6:12 (29:07) | | 2:35 (31:42) | 3:41 (35:23) | 4:45 (40:08) |
| | 1:36 (41:44) | 4:26 (46:10) | 1:50 (48:00) | | 1:47 (49:47) | 1:22 (51:09) | 2:15 (53:24) |
| | 2:31 (55:55) | 2:16 (58:11) | 0:33 (58:44) | | | | |
| 2. | Emilie POGU | SAINT-BRIEUC OR | | 1:12:59 | +14:15 | 03:55 | |
| | 6:22 (6:22) | 4:09 (10:31) | 1:34 (12:05) | | 2:07 (14:12) | 5:59 (20:11) | 4:03 (24:14) |
| | 3:33 (27:47) | 0:48 (28:35) | 7:41 (36:16) | | 3:25 (39:41) | 4:39 (44:20) | 8:12 (52:32) |
| | 1:27 (53:59) | 5:01 (59:00) | 1:55 (1:00:55) | | 2:19 (1:03:14) | 1:27 (1:04:41) | 2:50 (1:07:31) |
| | 2:12 (1:09:43) | 2:36 (1:12:19) | 0:40 (1:12:59) | | | | |
| 3. | Adeline RITEAU | NAO | | 1:34:03 | +35:19 | 11:13 | |
| | 5:56 (5:56) | 5:10 (11:06) | 2:20 (13:26) | | 3:29 (16:55) | 7:00 (23:55) | 9:40 (33:35) |
| | 3:58 (37:33) | 1:33 (39:06) | 10:13 (49:19) | | 6:28 (55:47) | 5:46 (1:01:33) | 5:47 (1:07:20) |
| | 2:46 (1:10:06) | 7:20 (1:17:26) | 2:13 (1:19:39) | | 2:47 (1:22:26) | 2:18 (1:24:44) | 2:52 (1:27:36) |
| | 3:17 (1:30:53) | 2:36 (1:33:29) | 0:34 (1:34:03) | | | | |
| 4. | Alexia MOLINA | CRCO | | 1:36:09 | +37:25 | 13:51 | |
| | 9:39 (9:39) | 3:32 (13:11) | 1:53 (15:04) | | 3:28 (18:32) | 5:43 (24:15) | 5:21 (29:36) |
| | 3:59 (33:35) | 0:58 (34:33) | 9:33 (44:06) | | 4:24 (48:30) | 8:16 (56:46) | 9:08 (1:05:54) |
| | 1:37 (1:07:31) | 8:37 (1:16:08) | 1:58 (1:18:06) | | 1:36 (1:19:42) | 1:38 (1:21:20) | 2:51 (1:24:11) |
| | 3:38 (1:27:49) | 7:46 (1:35:35) | 0:34 (1:36:09) | | | | |

| | | | | | | | |
|----|------------------|----------------|-----------------|----------------|-----------------|----------------|--|
| 5. | Estelle JONQUET | CRCO | 2:00:19 | +61:35 | 31:40 | | |
| | 7:37 (7:37) | 4:03 (11:40) | 1:51 (13:31) | 2:44 (16:15) | 6:50 (23:05) | 7:53 (30:58) | |
| | 4:32 (35:30) | 1:08 (36:38) | 33:46 (1:10:24) | 5:04 (1:15:28) | 11:14 (1:26:42) | 6:18 (1:33:00) | |
| | 1:55 (1:34:55) | 7:10 (1:42:05) | 2:04 (1:44:09) | 2:13 (1:46:22) | 2:04 (1:48:26) | 2:56 (1:51:22) | |
| | 4:00 (1:55:22) | 4:17 (1:59:39) | 0:40 (2:00:19) | | | | |
| | Caroline THURIOT | CRCO | Non partant | | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) | |

| D45 | (5 / 5) | | Temps | Après | Temps perdu | | |
|-----|-------------------|-----------------|----------------|-----------------|----------------|----------------|--|
| 1. | Sabine BEAULIEU | SAINT-BRIEUC OR | 1:12:57 | | 06:03 | | |
| | 6:01 (6:01) | 2:51 (8:52) | 1:36 (10:28) | 2:34 (13:02) | 4:11 (17:13) | 3:18 (20:31) | |
| | 3:53 (24:24) | 0:51 (25:15) | 13:18 (38:33) | 3:47 (42:20) | 4:38 (46:58) | 5:24 (52:22) | |
| | 1:42 (54:04) | 4:57 (59:01) | 2:45 (1:01:46) | 1:50 (1:03:36) | 1:49 (1:05:25) | 2:12 (1:07:37) | |
| | 2:29 (1:10:06) | 2:13 (1:12:19) | 0:38 (1:12:57) | | | | |
| 2. | Stéphanie KRIPPEL | CRCO | 1:16:13 | +3:16 | 04:26 | | |
| | 6:43 (6:43) | 4:40 (11:23) | 2:33 (13:56) | 2:52 (16:48) | 5:23 (22:11) | 5:28 (27:39) | |
| | 4:48 (32:27) | 0:57 (33:24) | 6:48 (40:12) | 3:11 (43:23) | 4:31 (47:54) | 5:14 (53:08) | |
| | 1:28 (54:36) | 4:51 (59:27) | 2:08 (1:01:35) | 1:50 (1:03:25) | 2:24 (1:05:49) | 3:02 (1:08:51) | |
| | 3:11 (1:12:02) | 3:32 (1:15:34) | 0:39 (1:16:13) | | | | |
| 3. | Marlène LE GUEN | Quimper 29 | 1:41:28 | +28:31 | 02:33 | | |
| | 7:33 (7:33) | 4:44 (12:17) | 2:49 (15:06) | 4:08 (19:14) | 6:44 (25:58) | 5:20 (31:18) | |
| | 6:09 (37:27) | 1:29 (38:56) | 14:04 (53:00) | 4:17 (57:17) | 6:14 (1:03:31) | 7:57 (1:11:28) | |
| | 2:59 (1:14:27) | 7:26 (1:21:53) | 3:05 (1:24:58) | 2:38 (1:27:36) | 1:55 (1:29:31) | 3:12 (1:32:43) | |
| | 4:35 (1:37:18) | 3:31 (1:40:49) | 0:39 (1:41:28) | | | | |
| 4. | Marianne ANDRAUD | SAINT-BRIEUC OR | 1:49:52 | +36:55 | 13:33 | | |
| | 8:18 (8:18) | 5:22 (13:40) | 2:39 (16:19) | 3:05 (19:24) | 9:00 (28:24) | 9:18 (37:42) | |
| | 5:25 (43:07) | 1:36 (44:43) | 12:25 (57:08) | 10:15 (1:07:23) | 6:42 (1:14:05) | 7:42 (1:21:47) | |
| | 2:23 (1:24:10) | 8:50 (1:33:00) | 2:10 (1:35:10) | 2:29 (1:37:39) | 2:11 (1:39:50) | 3:00 (1:42:50) | |
| | 3:30 (1:46:20) | 3:01 (1:49:21) | 0:31 (1:49:52) | | | | |
| 5. | Soizic MAHEO | O53 | 1:57:01 | +44:04 | 30:00 | | |
| | 20:04 (20:04) | 3:38 (23:42) | 2:33 (26:15) | 3:58 (30:13) | 6:25 (36:38) | 6:37 (43:15) | |
| | 4:21 (47:36) | 1:06 (48:42) | 10:24 (59:06) | 5:56 (1:05:02) | 5:24 (1:10:26) | 6:39 (1:17:05) | |
| | 14:13 (1:31:18) | 9:43 (1:41:01) | 1:54 (1:42:55) | 1:22 (1:44:17) | 2:08 (1:46:25) | 3:49 (1:50:14) | |
| | 3:16 (1:53:30) | 2:51 (1:56:21) | 0:40 (1:57:01) | | | | |

| D50 | (7 / 7) | | Temps | Après | Temps perdu | | |
|-----|------------------|-----------------|-----------------|----------------|-----------------|-----------------|--|
| 1. | Muriel LE CAM | CRCO | 1:08:17 | | 09:02 | | |
| | 3:06 (3:06) | 5:48 (8:54) | 3:58 (12:52) | 1:25 (14:17) | 4:01 (18:18) | 11:33 (29:51) | |
| | 4:28 (34:19) | 3:43 (38:02) | 5:01 (43:03) | 3:32 (46:35) | 8:12 (54:47) | 4:23 (59:10) | |
| | 1:13 (1:00:23) | 3:45 (1:04:08) | 3:38 (1:07:46) | 0:31 (1:08:17) | | | |
| 2. | Elisabeth PITON | Quimper 29 | 1:20:59 | +12:42 | 18:33 | | |
| | 3:35 (3:35) | 3:53 (7:28) | 3:53 (11:21) | 1:34 (12:55) | 7:31 (20:26) | 8:32 (28:58) | |
| | 9:40 (38:38) | 5:23 (44:01) | 16:27 (1:00:28) | 2:32 (1:03:00) | 5:53 (1:08:53) | 6:19 (1:15:12) | |
| | 1:21 (1:16:33) | 1:06 (1:17:39) | 2:49 (1:20:28) | 0:31 (1:20:59) | | | |
| 3. | Laurence VASSEUR | O53 | 1:23:42 | +15:25 | 06:15 | | |
| | 2:58 (2:58) | 3:51 (6:49) | 5:10 (11:59) | 1:55 (13:54) | 6:51 (20:45) | 14:28 (35:13) | |
| | 7:53 (43:06) | 4:24 (47:30) | 7:05 (54:35) | 5:06 (59:41) | 8:33 (1:08:14) | 6:52 (1:15:06) | |
| | 1:25 (1:16:31) | 1:27 (1:17:58) | 5:04 (1:23:02) | 0:40 (1:23:42) | | | |
| 4. | Cécile CAPELLE | O53 | 1:41:30 | +33:13 | 12:57 | | |
| | 3:17 (3:17) | 5:56 (9:13) | 6:38 (15:51) | 5:29 (21:20) | 7:46 (29:06) | 14:35 (43:41) | |
| | 6:21 (50:02) | 5:53 (55:55) | 8:02 (1:03:57) | 7:52 (1:11:49) | 13:12 (1:25:01) | 5:52 (1:30:53) | |
| | 1:33 (1:32:26) | 3:03 (1:35:29) | 4:48 (1:40:17) | 1:13 (1:41:30) | | | |
| 5. | Valérie GOUJARD | CFCO | 2:21:12 | +72:55 | 49:10 | | |
| | 2:44 (2:44) | 6:57 (9:41) | 7:27 (17:08) | 1:56 (19:04) | 18:14 (37:18) | 12:39 (49:57) | |
| | 9:48 (59:45) | 36:10 (1:35:55) | 15:03 (1:50:58) | 3:41 (1:54:39) | 10:12 (2:04:51) | 5:43 (2:10:34) | |
| | 1:27 (2:12:01) | 2:14 (2:14:15) | 6:18 (2:20:33) | 0:39 (2:21:12) | | | |
| 6. | Sophie DROUET | NAO | 2:28:52 | +80:35 | 45:21 | | |
| | 9:51 (9:51) | 5:37 (15:28) | 5:31 (20:59) | 4:33 (25:32) | 7:34 (33:06) | 34:04 (1:07:10) | |
| | 23:03 (1:30:13) | 9:44 (1:39:57) | 15:07 (1:55:04) | 3:37 (1:58:41) | 10:37 (2:09:18) | 7:55 (2:17:13) | |
| | 1:46 (2:18:59) | 3:41 (2:22:40) | 5:36 (2:28:16) | 0:36 (2:28:52) | | | |
| 7. | Beatrice MICHEL | COPV | 2:49:31 | +101:14 | 51:03 | | |
| | 5:27 (5:27) | 6:25 (11:52) | 7:28 (19:20) | 2:22 (21:42) | 8:42 (30:24) | 25:05 (55:29) | |
| | 9:32 (1:05:01) | 43:11 (1:48:12) | 15:18 (2:03:30) | 3:44 (2:07:14) | 12:40 (2:19:54) | 12:13 (2:32:07) | |
| | 2:48 (2:34:55) | 2:16 (2:37:11) | 11:32 (2:48:43) | 0:48 (2:49:31) | | | |

| D55 | (4 / 4) | | Temps | Après | Temps perdu | | |
|-----|-------------------|-----------------|-----------------|----------------|----------------|----------------|--|
| 1. | Virginie OLIGO | COPV | 57:30 | | 01:20 | | |
| | 2:22 (2:22) | 8:23 (10:45) | 1:59 (12:44) | 2:33 (15:17) | 3:36 (18:53) | 7:45 (26:38) | |
| | 3:29 (30:07) | 4:13 (34:20) | 9:02 (43:22) | 2:12 (45:34) | 4:26 (50:00) | 1:23 (51:23) | |
| | 2:20 (53:43) | 3:15 (56:58) | 0:32 (57:30) | | | | |
| 2. | Karine MAES | CO Lorient | 59:52 | +2:22 | 02:37 | | |
| | 2:28 (2:28) | 7:44 (10:12) | 2:43 (12:55) | 3:52 (16:47) | 3:43 (20:30) | 8:12 (28:42) | |
| | 2:50 (31:32) | 3:27 (34:59) | 9:53 (44:52) | 1:52 (46:44) | 5:19 (52:03) | 1:49 (53:52) | |
| | 2:05 (55:57) | 3:09 (59:06) | 0:46 (59:52) | | | | |
| 3. | Isabelle RENVOISE | SAINT-BRIEUC OR | 1:42:52 | +45:22 | 21:42 | | |
| | 4:25 (4:25) | 9:55 (14:20) | 2:29 (16:49) | 4:19 (21:08) | 5:30 (26:38) | 16:09 (42:47) | |
| | 3:36 (46:23) | 21:00 (1:07:23) | 13:49 (1:21:12) | 2:16 (1:23:28) | 6:14 (1:29:42) | 2:02 (1:31:44) | |
| | 3:31 (1:35:15) | 6:44 (1:41:59) | 0:53 (1:42:52) | | | | |

| | | | | | | |
|-----------------------|-------------------|-----------------|----------------|--------------------|-----------------|-------|
| Florence GUILLOU | | Quimper 29 | Aband. | | | |
| 3:03 (3:03) | 13:29 (16:32) | 4:36 (21:08) | 18:29 (39:37) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) |
| - (-) | - (-) | - (-) | | | | |
| D60 | (3 / 3) | Temps | Après | Temps perdu | | |
| 1. Marie REMOUET | ACA AIX EN PROV | 1:08:31 | | 05:36 | | |
| 2:10 (2:10) | 7:41 (9:51) | 2:20 (12:11) | 3:07 (15:18) | 9:54 (25:12) | 7:57 (33:09) | |
| 2:57 (36:06) | 3:29 (39:35) | 12:27 (52:02) | 1:48 (53:50) | 5:42 (59:32) | 1:45 (1:01:17) | |
| 3:04 (1:04:21) | 3:30 (1:07:51) | 0:40 (1:08:31) | | | | |
| 2. Catherine DURRMANN | SAINT-BRIEUC OR | 1:22:53 | +14:22 | 15:41 | | |
| 4:02 (4:02) | 6:43 (10:45) | 7:59 (18:44) | 3:15 (21:59) | 4:59 (26:58) | 13:20 (40:18) | |
| 3:39 (43:57) | 3:33 (47:30) | 16:47 (1:04:17) | 2:04 (1:06:21) | 5:31 (1:11:52) | 3:24 (1:15:16) | |
| 2:34 (1:17:50) | 4:24 (1:22:14) | 0:39 (1:22:53) | | | | |
| 3. Isabelle RIO | COPV | 2:40:39 | +92:08 | 45:08 | | |
| 3:38 (3:38) | 20:01 (23:39) | 4:42 (28:21) | 12:25 (40:46) | 7:04 (47:50) | 28:31 (1:16:21) | |
| 4:31 (1:20:52) | 4:28 (1:25:20) | 42:56 (2:08:16) | 2:32 (2:10:48) | 12:44 (2:23:32) | 2:45 (2:26:17) | |
| 3:59 (2:30:16) | 9:29 (2:39:45) | 0:54 (2:40:39) | | | | |
| D65 | (2 / 2) | Temps | Après | Temps perdu | | |
| 1. Joelle BRANGER | Quimper 29 | 2:09:40 | | 09:46 | | |
| 5:56 (5:56) | 16:07 (22:03) | 6:07 (28:10) | 6:34 (34:44) | 12:19 (47:03) | 17:35 (1:04:38) | |
| 10:43 (1:15:21) | 7:07 (1:22:28) | 15:33 (1:38:01) | 2:49 (1:40:50) | 9:16 (1:50:06) | 3:07 (1:53:13) | |
| 4:50 (1:58:03) | 10:16 (2:08:19) | 1:21 (2:09:40) | | | | |
| Marie GUIGNARD | LMA 72 | PM | | | | |
| 5:46 (5:46) | 10:58 (16:44) | 5:52 (22:36) | 10:51 (33:27) | - (-) | - (-) | |
| - (-) | - (-) | - (1:19:10) | 2:45 (1:21:55) | 8:27 (1:30:22) | 3:54 (1:34:16) | |
| 4:00 (1:38:16) | 5:14 (1:43:30) | 1:05 (1:44:35) | | | | |
| D75 | (1 / 1) | Temps | Après | Temps perdu | | |
| 1. Francoise FRANTZ | Quimper 29 | 1:18:15 | | 00:00 | | |
| 6:10 (6:10) | 12:16 (18:26) | 6:13 (24:39) | 6:11 (30:50) | 12:29 (43:19) | 21:14 (1:04:33) | |
| 4:06 (1:08:39) | 1:51 (1:10:30) | 6:23 (1:16:53) | 1:22 (1:18:15) | | | |
| Bleu | (8 / 8) | Temps | Après | Temps perdu | | |
| 1. Côme MOTTET | CRCO | 36:39 | | 04:07 | | |
| 7:15 (7:15) | 3:24 (10:39) | 3:22 (14:01) | 3:09 (17:10) | 3:48 (20:58) | 2:07 (23:05) | |
| 2:09 (25:14) | 4:44 (29:58) | 2:27 (32:25) | 2:02 (34:27) | 1:44 (36:11) | 0:28 (36:39) | |
| 1. Noé DURAND | NAO | 36:39 | | 04:57 | | |
| 4:11 (4:11) | 2:52 (7:03) | 2:56 (9:59) | 3:25 (13:24) | 3:06 (16:30) | 1:40 (18:10) | |
| 2:18 (20:28) | 10:02 (30:30) | 2:59 (33:29) | 1:44 (35:13) | 1:04 (36:17) | 0:22 (36:39) | |
| 3. Lucas RODRIGUES | Pas de club | 1:15:18 | +38:39 | 25:09 | | |
| 10:28 (10:28) | 18:34 (29:02) | 3:53 (32:55) | 3:50 (36:45) | 5:08 (41:53) | 2:30 (44:23) | |
| 11:09 (55:32) | 8:03 (1:03:35) | 4:19 (1:07:54) | 3:02 (1:10:56) | 3:50 (1:14:46) | 0:32 (1:15:18) | |
| 4. Maëlle SALLIOT | CRCO | 1:36:16 | +59:37 | 43:13 | | |
| 12:50 (12:50) | 3:11 (16:01) | 4:35 (20:36) | 10:38 (31:14) | 3:42 (34:56) | 37:33 (1:12:29) | |
| 3:49 (1:16:18) | 8:54 (1:25:12) | 3:32 (1:28:44) | 3:49 (1:32:33) | 3:13 (1:35:46) | 0:30 (1:36:16) | |
| 5. Annie QUERE-THOER | CFCO | 1:39:01 | +62:22 | 40:10 | | |
| 8:23 (8:23) | 31:24 (39:47) | 5:05 (44:52) | 5:40 (50:32) | 11:00 (1:01:32) | 3:30 (1:05:02) | |
| 2:41 (1:07:43) | 19:46 (1:27:29) | 3:46 (1:31:15) | 4:39 (1:35:54) | 2:25 (1:38:19) | 0:42 (1:39:01) | |
| Arthur HALLEPEE | CO Lorient | PM | | | | |
| 13:33 (13:33) | 4:20 (17:53) | 10:46 (28:39) | 5:19 (33:58) | 24:41 (58:39) | 8:18 (1:06:57) | |
| - (-) | - (-) | - (-) | - (-) | - (-) | - (1:30:50) | |
| Jules VALLIN | O53 | PM | | | | |
| - (-) | - (15:03) | - (-) | - (-) | - (25:24) | - (-) | |
| - (-) | - (39:37) | 9:53 (49:30) | 4:29 (53:59) | 4:32 (58:31) | 1:58 (1:00:29) | |
| Therese HAMEAU | O53 | Aband. | | | | |
| 21:50 (21:50) | 6:51 (28:41) | 8:24 (37:05) | 7:18 (44:23) | 24:07 (1:08:30) | 4:54 (1:13:24) | |
| 11:17 (1:24:41) | - (-) | - (-) | - (-) | - (-) | - (-) | |
| Jaune | (7 / 7) | Temps | Après | Temps perdu | | |
| 1. ROZE Freddy | Pass'O Découverte | 34:19 | | 00:00 | | |
| 2:20 (2:20) | 2:51 (5:11) | 2:55 (8:06) | 1:22 (9:28) | 4:09 (13:37) | 2:41 (16:18) | |
| 2:52 (19:10) | 2:28 (21:38) | 1:44 (23:22) | 1:54 (25:16) | 2:35 (27:51) | 1:09 (29:00) | |
| 2:18 (31:18) | 2:28 (33:46) | 0:33 (34:19) | | | | |
| 2. LE GALLIC Johanna | Pass'O Découverte | 38:19 | +4:00 | 03:11 | | |
| 4:05 (4:05) | 2:54 (6:59) | 3:44 (10:43) | 2:59 (13:42) | 3:52 (17:34) | 2:49 (20:23) | |
| 2:44 (23:07) | 2:28 (25:35) | 1:55 (27:30) | 1:41 (29:11) | 2:38 (31:49) | 1:15 (33:04) | |
| 2:12 (35:16) | 2:30 (37:46) | 0:33 (38:19) | | | | |
| 3. Benoît OLLIVIER | CFCO | 54:53 | +20:34 | 07:26 | | |
| 3:20 (3:20) | 3:53 (7:13) | 5:20 (12:33) | 3:19 (15:52) | 4:07 (19:59) | 4:14 (24:13) | |
| 4:14 (28:27) | 3:31 (31:58) | 5:17 (37:15) | 1:36 (38:51) | 6:34 (45:25) | 1:57 (47:22) | |
| 3:23 (50:45) | 3:17 (54:02) | 0:51 (54:53) | | | | |
| 4. Anne POIRIER | CRCO | 59:04 | +24:45 | 09:27 | | |
| 2:39 (2:39) | 3:13 (5:52) | 8:46 (14:38) | 2:48 (17:26) | 5:27 (22:53) | 5:19 (28:12) | |
| 4:30 (32:42) | 3:54 (36:36) | 5:14 (41:50) | 2:38 (44:28) | 4:22 (48:50) | 1:31 (50:21) | |
| 3:32 (53:53) | 4:37 (58:30) | 0:34 (59:04) | | | | |
| 5. Jérémy MAILLARD | Dinan CO | 1:15:53 | +41:34 | 24:16 | | |

| | | | | | |
|-----------------------------|--------------------|----------------|----------------|-----------------|----------------|
| 3:30 (3:30) | 9:34 (13:04) | 21:33 (34:37) | 2:02 (36:39) | 4:27 (41:06) | 5:06 (46:12) |
| 4:34 (50:46) | 4:50 (55:36) | 3:29 (59:05) | 2:33 (1:01:38) | 4:23 (1:06:01) | 2:33 (1:08:34) |
| 3:29 (1:12:03) | 3:20 (1:15:23) | 0:30 (1:15:53) | | | |
| 6. PEPIN | Pas de club | 1:24:32 | +50:13 | 11:10 | |
| 4:33 (4:33) | 6:54 (11:27) | 9:35 (21:02) | 5:11 (26:13) | 7:24 (33:37) | 9:32 (43:09) |
| 6:19 (49:28) | 4:53 (54:21) | 3:52 (58:13) | 4:53 (1:03:06) | 7:53 (1:10:59) | 2:49 (1:13:48) |
| 4:43 (1:18:31) | 5:19 (1:23:50) | 0:42 (1:24:32) | | | |
| 7. Muriel LANSONNEUR | | 3:03:47 | +149:28 | 13:22 | |
| – (1:29:13) | 8:01 (1:37:14) | 7:17 (1:44:31) | 5:36 (1:50:07) | 12:17 (2:02:24) | 7:07 (2:09:31) |
| 17:09 (2:26:40) | 5:27 (2:32:07) | 5:59 (2:38:06) | 4:16 (2:42:22) | 6:37 (2:48:59) | 2:48 (2:51:47) |
| 5:40 (2:57:27) | 5:29 (3:02:56) | 0:51 (3:03:47) | | | |

| Violet | (9 / 9) | Temps | Après | Temps perdu | |
|----------------------------|---------------------------|--------------------|-----------------|--------------------|----------------|
| 1. Olivier BOURGOIN | CRCO | 1:38:11 | | 08:08 | |
| 4:31 (4:31) | 4:52 (9:23) | 3:34 (12:57) | 6:58 (19:55) | 5:15 (25:10) | 2:54 (28:04) |
| 2:50 (30:54) | 4:18 (35:12) | 1:31 (36:43) | 3:31 (40:14) | 10:41 (50:55) | 2:12 (53:07) |
| 9:40 (1:02:47) | 0:54 (1:03:41) | 5:59 (1:09:40) | 5:34 (1:15:14) | 1:06 (1:16:20) | 4:40 (1:21:00) |
| 5:08 (1:26:08) | 1:47 (1:27:55) | 5:13 (1:33:08) | 2:13 (1:35:21) | 2:24 (1:37:45) | 0:26 (1:38:11) |
| 2. GALLOU Julien | PASS'O Compétition | 1:41:15 | +3:04 | 17:18 | |
| 2:46 (2:46) | 4:40 (7:26) | 3:39 (11:05) | 5:00 (16:05) | 3:35 (19:40) | 5:20 (25:00) |
| 2:14 (27:14) | 4:56 (32:10) | 1:03 (33:13) | 3:46 (36:59) | 8:21 (45:20) | 1:30 (46:50) |
| 7:17 (54:07) | 0:41 (54:48) | 11:23 (1:06:11) | 15:09 (1:21:20) | 0:42 (1:22:02) | 4:45 (1:26:47) |
| 5:00 (1:31:47) | 1:42 (1:33:29) | 4:02 (1:37:31) | 1:25 (1:38:56) | 1:56 (1:40:52) | 0:23 (1:41:15) |
| 3. GALLAND Nicolas | PASS'O Compétition | 1:44:10 | +5:59 | 20:20 | |
| 3:27 (3:27) | 4:54 (8:21) | 3:16 (11:37) | 23:57 (35:34) | 3:17 (38:51) | 2:54 (41:45) |
| 2:12 (43:57) | 4:39 (48:36) | 1:01 (49:37) | 3:22 (52:59) | 8:12 (1:01:11) | 1:16 (1:02:27) |
| 7:37 (1:10:04) | 0:47 (1:10:51) | 4:33 (1:15:24) | 5:30 (1:20:54) | 1:14 (1:22:08) | 5:08 (1:27:16) |
| 7:15 (1:34:31) | 1:08 (1:35:39) | 4:41 (1:40:20) | 1:35 (1:41:55) | 1:45 (1:43:40) | 0:30 (1:44:10) |
| 4. BLOT Corentin | PASS'O Compétition | 1:53:56 | +15:45 | 25:28 | |
| 6:36 (6:36) | 3:46 (10:22) | 3:21 (13:43) | 5:49 (19:32) | 6:19 (25:51) | 4:26 (30:17) |
| 5:09 (35:26) | 3:56 (39:22) | 1:09 (40:31) | 4:38 (45:09) | 10:59 (56:08) | 0:51 (56:59) |
| 7:42 (1:04:41) | 0:56 (1:05:37) | 8:38 (1:14:15) | 14:21 (1:28:36) | 0:34 (1:29:10) | 5:04 (1:34:14) |
| 10:57 (1:45:11) | 1:04 (1:46:15) | 3:41 (1:49:56) | 1:41 (1:51:37) | 1:53 (1:53:30) | 0:26 (1:53:56) |
| 5. LE VERGE Hélène | PASS'O Compétition | 2:20:39 | +42:28 | 36:30 | |
| 15:36 (15:36) | 5:05 (20:41) | 5:26 (26:07) | 5:47 (31:54) | 4:07 (36:01) | 14:12 (50:13) |
| 2:41 (52:54) | 7:24 (1:00:18) | 1:12 (1:01:30) | 3:40 (1:05:10) | 9:39 (1:14:49) | 1:15 (1:16:04) |
| 12:58 (1:29:02) | 1:05 (1:30:07) | 7:33 (1:37:40) | 7:46 (1:45:26) | 0:58 (1:46:24) | 4:59 (1:51:23) |
| 10:07 (2:01:30) | 1:30 (2:03:00) | 7:09 (2:10:09) | 6:41 (2:16:50) | 3:07 (2:19:57) | 0:42 (2:20:39) |
| 6. LAMY Yann | PASS'O Compétition | 2:31:04 | +52:53 | 36:08 | |
| 13:41 (13:41) | 4:31 (18:12) | 11:33 (29:45) | 5:48 (35:33) | 6:49 (42:22) | 5:48 (48:10) |
| 3:32 (51:42) | 7:40 (59:22) | 1:28 (1:00:50) | 7:39 (1:08:29) | 14:40 (1:23:09) | 1:42 (1:24:51) |
| 11:04 (1:35:55) | 0:37 (1:36:32) | 14:27 (1:50:59) | 8:27 (1:59:26) | 1:56 (2:01:22) | 6:49 (2:08:11) |
| 5:30 (2:13:41) | 1:15 (2:14:56) | 5:48 (2:20:44) | 2:21 (2:23:05) | 7:28 (2:30:33) | 0:31 (2:31:04) |
| 7. WALLEZ Jérôme | PASS'O Compétition | 2:54:37 | +76:26 | 38:30 | |
| 17:10 (17:10) | 6:27 (23:37) | 5:41 (29:18) | 15:57 (45:15) | 6:10 (51:25) | 5:51 (57:16) |
| 2:57 (1:00:13) | 8:13 (1:08:26) | 1:51 (1:10:17) | 8:00 (1:18:17) | 11:59 (1:30:16) | 1:46 (1:32:02) |
| 11:51 (1:43:53) | 0:46 (1:44:39) | 11:01 (1:55:40) | 18:10 (2:13:50) | 1:21 (2:15:11) | 6:46 (2:21:57) |
| 8:28 (2:30:25) | 6:23 (2:36:48) | 8:22 (2:45:10) | 4:41 (2:49:51) | 4:02 (2:53:53) | 0:44 (2:54:37) |
| LE ROUX Eric | PASS'O Compétition | Non partant | | | |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| Virginie MARTIN | Quimper 29 | Non partant | | | |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |